



IRWINDALE AQUATICS CENTER

SPRING 2022 AQUA FITNESS

CLASS LED BY: ERICA LEDEZMA



MARCH 28 - APRIL 28, 2022
MONDAY - THURSDAY
CLASS 1: 5:30PM - 6:15PM
CLASS 2 : 6:30PM - 7:15PM

**Important information on the back of this flyer*





Participants **16 & OLDER** will develop strength, flexibility and endurance while moving to the latest tunes led by Erica Ledezma.

Proper swim attire required.

COVID 19 Safety Protocols

- Masks are required while indoors at the Irwindale Aquatics Center. -

Monday - Thursday
March 28th - April 28th, 2022

CLASS 1: 5:30PM - 6:15PM

CLASS 2: 6:30PM - 7:15PM

The heater may not be turned on during this session of Aqua Fitness.

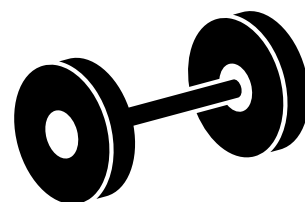
REGISTRATION WILL BE HELD AT THE IRWINDALE AQUATICS CENTER
MONDAY-THURSDAY 3:00PM - 7:00PM

Residents may register beginning March 7th

Non-Residents may register beginning March 14th



CLASS FEES:
RESIDENTS:* FREE
NON-RESIDENTS: \$40



*VALID Resident ID card or Irwindale City Employee card required for persons wishing to register as an Irwindale resident.

ALL STUDENTS MUST BE REGISTERED

***Each class is limited to first 42 registrants.**

- Program guidelines may be subject to change per the most up-to-date
Los Angeles County Department of Public Health orders -

The Irwindale Aquatics Center may use photos, film, videotape or otherwise reproduce the image and/or voice of any person who participates in any Aquatics program, class, or special event and use the same for any purpose without any payment. Your participation in any program, class, or special event constitutes your permission to use your likeness.

For more information, please contact the
Irwindale Aquatics Center
16053 Calle de Paseo,
Irwindale, CA 91706
626-430-2248
www.irwindaleca.gov

Irwindale Aquatics Center
Spring Hours of Operation
M-TH 2pm-7pm

Exciting News!!!

New equipment to be
incorporated within class
curriculum:
Ankle & Wrist Weights
Water Dumbbells
Pool Noodles